



Lesson #8 – Creative Expression



Video



Watch: [The Stu Express](#)

**To watch the Stu express, skip to 13:07*



Caregiver Tips

- Listen to the sounds when you tap or strum.
- Try changing the size and type of the instruments.
- Make an instrument for each family member and have a concert!

Activity

Homemade Musical Instruments

Materials:

- Rubber bands of different sizes
- Different size boxes
- Recycled containers
- Paper towel rolls
- Toilet paper tubes
- Thick popsicle sticks
- Spoons
- Tape
- Glue
- Markers and crayons

Directions:

- Make instruments with rubber bands, boxes, and recycled containers.
- Use rubber bands for guitar strings and containers for drums.
- Decorate your instruments.

Book

Read: *If I Built a House* **Author:** Van Dusen



Play:



Game

Download the **PBS KIDS Games App to play offline.*

Extended Activities

- Start a Dress Up Box with old costumes, hats, scarves, and other items.
- Keep recycled items such as paper towel rolls, envelopes, empty bottles, and boxes.
- Use them to create toys, and props for pretend play.

